



Updated Seafood Watch Recommendations Effective January 2012

New Recommendations

Visit our Seafood Recommendations at SeafoodWatch.org to search for and view complete information for each recommendation.

Species	Rating	Where Caught	How Caught
California Yellowtail	GOOD ALTERNATIVE	U.S.	Wild-caught
Octopus	AVOID	Philippines	Wild-caught
Spotted Seatrout	BEST CHOICE	Florida, Louisiana	Wild-caught
Spotted Seatrout	GOOD ALTERNATIVE	Mississippi, North Carolina, Virginia	Wild-caught
Dungeness Crab	GOOD ALTERNATIVE	Alaska	Trap

Updated Recommendations

Species	Where/How Caught	Updated Ranking	Previous Ranking
Hawaiian Pink snapper	Hawaii/ Hook-and-line	GOOD ALTERNATIVE	AVOID
Hawaiian Ruby Snapper/Longtail Snapper	Hawaii/ Hook-and-line	GOOD ALTERNATIVE	AVOID
Hawaiian Red Snapper/Squirrelfish Snapper	Hawaii/ Hook-and-line	GOOD ALTERNATIVE	AVOID

Hawaiian Grouper	Hawaii/ Hook-and-line	GOOD ALTERNATIVE	AVOID
Florida Pompano	U.S./Wild-caught	GOOD ALTERNATIVE	AVOID
Shark, Common Thresher	California, Hawaii/Wild- caught	GOOD ALTERNATIVE	AVOID
Shark, Shortfin Mako	California, Hawaii/Wild- caught	GOOD ALTERNATIVE	AVOID
Lake Trout	Lake Huron	GOOD ALTERNATIVE	AVOID
Lake Whitefish	Lake Huron, Lake Superior	BEST CHOICE	GOOD ALTERNATIVE

New/Updated Health Advisories (courtesy EDF)

Spotted Sea Trout (new): mercury advisory

Shark (all species): mercury advisory only (PCB alert removed)



New/Updated Marine Stewardship Council (MSC) Certifications

Haddock, Iceland: a portion of this fishery is certified as sustainable.

